

# Clinical Update 2008

February 11 & 12, 2008

Pinehurst Resort & Country Club

Pinehurst, NC

Jointly sponsored by:

ICARE Partnership

Southern Regional AHEC

Duke Department of Psychiatry

UNC Department of Psychiatry

North Carolina Psychiatric Association

North Carolina Psychological Association

Governor's Institute on Alcohol and Substance Abuse

NC Division of Mental Health, Developmental Disabilities  
and Substance Abuse Services



In affiliation with Duke University Medical Center  
Part of the NC AHEC Program

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## Purpose and Target Audience

The 2008 Clinical Update continues in its tradition of providing quality content for practitioners engaged in providing mental health, developmental disability and substance abuse services in North Carolina. Psychiatrists, psychologists, nurses, therapists, counselors, case managers, substance abuse professionals and others will find a variety of topics designed to meet their educational needs. The 2008 Clinical Update provides information on the most recent therapeutic and medical approaches to the treatment of mental illness, developmental disabilities and substance abuse. Plenary and breakout sessions include topics such as post partum depression, assessing for violence, integrated care, motivational interviewing and traumatic brain injury. Faculty includes many nationally recognized speakers. Pete Earley, author of "CRAZY: A Father's Search Through America's Mental Health Madness" will serve as the opening plenary session speaker. Other nationally recognized speakers including Brenda Reiss-Brennan, Neal Adams, Roger Kathol, and Jair Soares will conduct presentations on such topics as: treating ADHD collaboratively, bipolar disorder, integrated care, and person centered planning.

## Sunday, February 10th

5-7:00 pm Early Check-in and Registration

## Monday, February 11th

8:00 am Registration

9:00 am Welcome & Opening Remarks  
- John Bigger, Southern Regional AHEC

### **Opening Plenary Speaker**

**CRAZY: A Father's Search Through America's Mental Health Madness**

**- Pete Earley, Author, Fairfax, Va.**

### **Objectives:**

- Discuss criminalization of the mentally ill in the United States:

10:30 am Break in Exhibit Hall

## Featured Speaker



Pete Earley, Author  
Fairfax, Va.

*In a Washingtonian Magazine cover story entitled, "Top Journalists: Washington's Media Elite" Pete Earley was described as one of a handful of journalists in America who "have the power to introduce new ideas and give them currency." A former reporter for The Washington Post, he is the author of eight nonfiction books and three novels. His first book, Family of Spies: Inside the John Walker Spy Ring, was a New York Times bestseller and was made into a five hour miniseries shown on CBS television. For his book, The Hot House: Life Inside Leavenworth Prison, Earley spent a full year as a reporter inside a maximum security prison. His book, Circumstantial Evidence helped lead to the release of a black man from death row after he had been wrongly convicted of murdering a white teenager in Alabama. His most recent book, CRAZY: A Father's Search Through America's Mental Health Madness, tells two stories. It describes his attempts to help his college age son, Mike, after he becomes ill with bipolar disorder and is arrested. It also describes a year that Earley spent at the Miami Dade County Jail where he followed persons with mental disorders who had been in jail, out into the community to see what sort of services they received. His book was one of two finalists for the Pulitzer Prize this year.*

## BOOK SIGNING

Pete Earley will be available to sign copies of his award-winning book after his presentation. Make plans to be there!

# Clinical Update 2008

## **11:00 am - 12:15 pm Breakout Sessions: (Choose One)**

### **1A) Understanding the CAP-MR/DD Waiver: An Overview**

- Vivian Leon, NC Division of MH/DD/SAS, Raleigh, NC

#### **Objectives:**

- Participants will have a basic understanding of the purpose and intent of a 1915 c Medicaid waiver;
- Participants will have a basic understanding of the primary services and supports provided under the current CAP-MR/DD waiver; and
- Participants will have information regarding the current waiver development process and the development of tiered waivers in NC.

### **1B) Mood and Anxiety Disorders in Pregnancy and Lactation (Part I)**

- Diana Dell, MD, FACOG, FAPA, Director Maternal Wellness Program, Duke University Medical Center, Durham, NC

#### **Objectives:**

- List symptoms associated with mood and anxiety disorders in pregnancy and postpartum period;
- Recognize which women are at greater risk for psychiatric symptoms during pregnancy and postpartum; and
- Describe strategies used in the management of patients with mood and anxiety symptoms related to childbearing.

### **1C) Working Together - Treating ADHD Collaboratively**

- Brenda Reiss-Brennan, MS, APRN, CS, Mental Health Integration Director, Primary Care Clinical Program, Intermountain Healthcare, Salt Lake City, Utah

#### **Objectives:**

- Participants will explore the use of evidence based tools and collaborative strategies in implementing Mental Health Integration in the treatment of ADHD in the primary care setting.

### **1D) Person Centered Planning for Mental Health: A Strategy for Recovery Practice**

- Neal Adams, MD, MPH, Director of Special Projects, California Institute for Mental Health, Sacramento, California

#### **Objectives:**

- Define person-centered planning; and
- Understand the linkage between person-centered practice, mental health recovery, and systems transformation.

12:15 pm Lunch and Speaker in Exhibit Hall:

### **Developing an Integrated Care System: Treating Body and Mind**

- Brenda Reiss-Brennan, MS, APRN, CS, Mental Health Integration Director, Primary Care Clinical Program, Intermountain Healthcare, Salt Lake City, Utah

- Participants will be prepared with working knowledge of Quality Improvement Science and its application to MHI; and
- Participants will identify clinical integration opportunities in their setting.

## **1:30 pm - 3:00 pm Breakout Sessions: (Choose One)**

### **2A) What are the Needs of the Mentally Ill in NC Jails**

- Anna Scheyett, MSW, LCSW, C-ASWCM, Associate Dean for Academic Affairs, UNC School of Social Work, Chapel Hill, NC

#### **Objectives:**

- Describe the ways in which jails in NC screen for individuals with mental illnesses or mental retardation/developmental disabilities;
- Discuss the challenges in treatment provision and connection with community providers in this population; and
- Identify at least two actions that can be taken to improve the care of individuals with mental illnesses or mental retardation/developmental disabilities in NC jails.

### **2B) Mood and Anxiety Disorders in Pregnancy and Lactation (Part II)**

- Diana Dell, MD, FACOG, FAPA, Director Maternal Wellness Program, Duke University Medical Center, Durham, NC

#### **Objectives:**

- See Part I

### **2C) Motivational Interviewing with Adolescents: Engaging Substance Abuse Clients in Treatment (Part I)**

- Paul Nagy, MS, LPC, LCAS, CCS, Clinical Associate, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center, Durham, NC

#### **Objectives:**

- Provide a brief overview of the science based understanding of addiction and related implications for working with adolescents;
- Review principles and techniques of motivational interviewing; and
- Identify the common challenges to applying motivational techniques in practice with adolescents and lessons learned.

### **2D) Changing Practice, Changing Systems. Why Does It Seem So Difficult?**

- Neal Adams, MD, MPH, Director of Special Projects, California Institute for Mental Health, Sacramento, California

#### **Objectives:**

- Identify three components of managing systems practice change; and
- Understand the potential for learning collaboratives to promote/sustain system change.

3:00 pm Break in Exhibit Hall



# Clinical Update 2008

**3:30 pm - 5:00 pm      Breakout Sessions: (Choose One)**

## **3A) Addressing the Needs of Returning Veterans**

- **Harold Kudler, MD, Coordinator for VA Mental Health Services (VISN 6)**

### **Objectives:**

- Understand the need to incorporate a public health approach in work with new combat veterans and their families;
- Describe the Department of Veterans Affairs (VA) and understand how veterans gain access to its services;
- Identify key barriers to care among new combat veterans;
- Describe the range of functional problems and mental health diagnoses that must be considered when evaluating new combat veterans and their families; and
- Consider how to best integrate VA, Department of Defense, community, public and private resources in support of new combat veterans and their families.

## **3B) Forgetfulness and Sadness: Mental Health Issues in Older Individuals**

- **Warren Taylor, MD, Assistant Professor, Vice-Chair, Institutional Review Board, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center, Durham, NC**

### **Objectives:**

- To identify common mental health problems seen in older individuals, particularly depression and significant memory impairment; and
- To recognize initial treatment options for depression and memory impairment in older individuals.

## **3C) Motivational Interviewing with Adolescents: Engaging Substance Abuse Clients in Treatment (Part II)**

- **Paul Nagy, MS, LPC, LCAS, CCS, Clinical Associate, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center, Durham, NC**

### **Objectives:**

- See Part I

## **3D) Behavioral Health Therapy in Integrated Care Settings**

- **Rick Monger, Ph.D. Planner/Evaluator Buncombe County Human Services Support Team, Asheville, NC**

### **Objectives:**

- Describe five unique aspects of behavioral health in a primary care setting;
- Define the specific parameters of a "brief intervention";
- Identify at least three disorders where research has shown brief intervention to be highly effective; and
- Identify the basic elements of a brief intervention clinical guideline.

**5:00 pm      Adjourn for the Day**



## Tuesday, February 12th

8:00 am Registration

**9:00 am - 10:30 am Breakout Sessions: (Choose One)**

### **4A) Assessing the Needs of Persons with Traumatic Brain Injury (Part I)**

- **Robin Hurley, MD, FANPA, Chief of Staff, Salisbury VAMC, VISN VI, MIRECC Co-Director, Education, Associate Professor, Depts. of Psychiatry and Radiology, WFUSM, BCM**

#### **Objectives:**

- Discuss the emotion, behavior, and memory circuits of the brain;
- Describe the relationship between emotion/memory and behavior circuits of the brain to psychiatric symptoms;
- Identify reasons to image brains of psychiatric patients;
- Discuss the best imaging techniques for symptoms presentations; &
- Describe the relationship of traumatic brain injury to psychiatric symptoms.

### **4B) Law Enforcement and Responses to Persons with Autism**

- **Jill Keel, Ph.D., Executive Director, Autism Society of North Carolina, Raleigh, NC**

#### **Objectives:**

- Discuss how characteristics of autism affect interactions with law enforcement in the community;
- Describe ways to minimize negative interactions between people with autism and law enforcement; and
- Identify resources for assistance with issues related to autism and law enforcement.

### **4C) Supported Employment**

- **Kirk Williams, M.Ed. Trainer/Consultant for the NC Evidence Based Practices Center**

#### **Objectives:**

- Describe an overview of supported employment and some of the key research findings that when practiced by employment specialists in "high fidelity" programs (supported employment or ACT) tend to foster gainful employment and recovery for individuals who experience severe mental illness.

### **4D) UNC Bipolar Center: Structure, Plans, Early Findings**

- **Jair Soares, MD, Director, Center of Excellence for Research and Treatment of Bipolar Disorder (CERT-BD), University of North Carolina, Chapel Hill, NC**

#### **Objectives:**

- Understand importance of bipolar disorder as a health problem; and
- Learn about new approaches and recent studies that attempt to elucidate mechanisms involved in bipolar disorder.



## Never Visited Pinehurst?

### About the Area...

The Village of Pinehurst, located in an area known as "the Sandhills" in Moore County, is in south central North Carolina about 60 miles southwest of Raleigh, the State capitol, and about 75 miles east of Charlotte. Although it was established in 1895, the Village did not become a municipality until 1980.

Pinehurst enjoys international recognition as a golf resort, being home to the well-known Pinehurst Resorts. The Village of Pinehurst and Pinehurst Resorts were given National Landmark status in 1996 for their historical, significant role in U. S. golf history.

There are more than 40 golf courses within minutes of Pinehurst, with the list of designers being a Who's Who of golf course design: Donald Ross, Ellis Maples, Tom Fazio, Dan Maples, Gene Hamm, Robert Trent Jones, Rees Jones, Jack Nicklaus, Arnold Palmer, Gary Player, and many others.

- [villageofpinehurst.org](http://villageofpinehurst.org)

But golf is not the only entertainment that Pinehurst offers. Some of the best spas and shopping are also awaiting you. Clinical Update isn't just a conference, it's an experience to be enjoyed.

10:30 am Break and Exhibits in Exhibit Hall



# Clinical Update 2008

**11:00 am - 12:15 pm Breakout Sessions: (Choose One)**

**5A) Assessing the Needs of Persons with Traumatic Brain Injury (Part II)**

- **Robin Hurley, MD, FANPA, Chief of Staff, Salisbury VAMC, VISN VI, MIRECC Co-Director, Education, Associate Professor, Depts. of Psychiatry and radiology, WFUSM, BCM**

**Objectives:**

- See Part I.

**5B) Behavioral Management of Autism Spectrum Disorders**

- **Vickie Shea, Ph.D. University of North Carolina, Chapel Hill, NC**

**Objectives:**

- Describe the four traditional behavior management techniques;
- Describe the characteristics of autism spectrum disorders that often reduce the effectiveness of traditional behavior management techniques; and
- Describe visual and communication strategies to supplement traditional behavior management techniques for people with autism spectrum disorders.

**5C) Evidence Based Approaches to Assessing Violence Risk (Part I)**

- **Eric Elbogen, Ph.D. University of North Carolina School of Medicine, Chapel Hill, NC**

**Objectives:**

- Review legal context of assessing violence risk in psychiatry and other mental health professions;
- Summarize empirical research on factors associated with violence risk; and
- Discuss how research can be applied to improve clinical practice of violence risk assessment.

**5D) New Approaches to Intensive Outpatient Treatment for Substance Abuse (Part I)**

- **Paul Nagy, MS, LPC, LCAS, CCS, Clinical Associate, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center, Durham, NC**

**Objectives:**

- Describe the intensive outpatient treatment level of care and its role within the substance abuse treatment continuum;
- Recognize clinical indications for intensive outpatient substance abuse treatment;
- Describe the elements of an effective intensive outpatient program;
- Discuss the common clinical issues and challenges associated with the intensive outpatient level of care and review strategic responses to these challenges; and
- Identify special staff and administrative issues related to intensive outpatient treatment.

12:15 pm

Lunch in Exhibit Hall

## Planning Committee

**John Bigger, MS, LPC**, Southern Regional AHEC

**Steve Branch, MA**, Southern Regional AHEC

**Sally Cameron, Ph.D.**, N.C. Psychological Assoc.

**John Haggerty, MD**, UNC - Chapel Hill Department of Psychiatry

**La-Lisa Hewett-Robinson, MA**, Southern Regional AHEC

**Robin Huffman, MD**, North Carolina Psychiatric Assoc.

**Mike Lancaster, MD**, NC Division of DD/MH/SAS

**Andrea Novak, MSRNBC**, Southern Regional AHEC

**Mary Powell, MHA**, Governor's Institute on Alcohol and Substance Abuse

**Marvin Swartz, MD**, Duke University Medical Center, Department of Social and Community Psychiatry

**Vickie Shea, Ph.D.** UNC - School of Social Work



# Clinical Update 2008

**1:30 pm - 2:45 pm      Breakout Sessions: (Choose One)**

**6A) Models of Integration of Primary Care with Behavioral Care**

- **Roger Kathol, MD, CPE, President, Cartesian Solutions, Burnsville, Minnesota**

**Objectives:**

- Describe the models of integrated outpatient and inpatient care that bring value to patients with concurrent general medical and psychiatric illness.

**6B) Improving Your Memory to Enhance your Practice**

- **Scott Hagwood**

**Objectives:**

- Identify the four factors of forgetting;
- Apply the three ways you remember; and
- Demonstrate a retrieval method.

**6C) Evidence Based Approaches to Assessing Violence Risk (Part II)**

- **Eric Elbogen, Ph.D. University of North Carolina School of Medicine, Chapel Hill, NC**

**Objectives:**

- See Part I

**6D. New Approaches to Intensive Outpatient Treatment for Substance Abuse (Part II)**

- **Paul Nagy, MS, LPC, LCAS, CCS, Clinical Associate, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center, Durham, NC**

**Objectives:**

- See Part I

2:45 pm

Break and Exhibits in Exhibit Hall

3:00 pm

**Closing Plenary**

**Making the Case for Integrated Behavioral Health and Primary Care**

- **Roger Kathol, MD, CPE, President Cartesian Solutions, Burnsville, Minnesota**

**Objectives:**

- Summarize the importance of the interaction of general medical and mental health/substance use disorders(MH/SUDs) and the impact that they have on health outcomes, disability, and total cost of care when MH/SUDs are managed independently from physical illness.

4:00 pm

Adjourn

## Sponsors

Jointly sponsored by:

**Duke Department of Psychiatry**

**NC AHEC Program**

**N.C. Division of Mental Health, Developmental Disabilities, and Substance Abuse Services**

**North Carolina Psychiatric Association**

**North Carolina Psychological Association**

**Southern Regional AHEC**

**UNC Department of Psychiatry**

**ICARE Partnership**

**Governor's Institute on Alcohol and Substance Abuse**



# Clinical Update 2008

## **Southern Regional AHEC**

Monday, February 11, 2008 – Tuesday, February 12, 2008

### **RESERVATION FORM**

We look forward to welcoming you to Pinehurst! Please take a moment to fill out this reservation form to ensure your accommodations for your upcoming visit.

Pinehurst requires that your reservation request form be completed and returned on or before **Friday, January 11, 2008.**

Reservation forms received after this date will be processed on a "space-available basis". Pinehurst Resort consists of a variety of lodging accommodations including the Carolina, Villas, Holly Inn, The Manor, and Condominiums. THE RESORT WILL MAKE EVERY EFFORT TO HONOR SPECIFIC ROOM REQUESTS. If your request is not available, the best substitution will be made.

**DAILY RATES: Bed and Breakfast (B & B) LOCATION: Resort Accommodations**

**\*\* Should the number of Southern Regional AHEC**

**Reservations exceed what has been contracted for the Carolina**

**Pinehurst may need to place the additional reservations requests in other lodging accommodations within the Resort.**

SINGLE OCCUPANCY: \_\_\_\_\_ \$137.00

DOUBLE OCCUPANCY: \_\_\_\_\_ \$ 89.00

Rates are per person, per night and include lodging, breakfast, court usage, volleyball, biking, use of fitness center at the Spa, tea service in hotel lobby, use of Pinehurst Beach Club and hotel pool (based on seasonal availability).

**ROOM PREFERENCE** (based on availability) \_\_\_\_\_ Non-smoking \_\_\_\_\_ Smoking

Arrival Date \_\_\_\_\_ Departure Date \_\_\_\_\_

**Check-In Time: 4:00 PM - Check-Out Time: 12:00 NOON**

**RESORT SERVICE FEE & STATE SALES TAX:** Rates are subject to 10% resort service fee, 6.5% state sales tax and 3% occupancy tax. Covered in the Resort Service Fee are the following amenities and services: unlimited use of the Fitness Center, Outdoor Pools, Tennis Courts, Bicycles, Beach Club, Practice Putting Greens, Pitching Areas, Driving Range, In-coming Faxes, Afternoon Tea in the Carolina and On-call Transportation.

**DEPOSIT AND CANCELLATION POLICY:** A deposit representing one night's rate per person is charged at the time the reservation is made. Pinehurst must receive notice of any cancellation at least 30 days prior to date of arrival in order to refund a deposit. The cancellation deadline is **Friday, January 11, 2008.**

**Please complete and fax or mail with deposit to:**

**FAX: 910-235-8240**

**PHONE: 800-487-4653, Press Option 2**

**GROUP RESERVATIONS**

**PINEHURST • PO BOX 4000**

**PINEHURST, NC 28374-4000**

**ROOMS TO BE OCCUPIED BY:** (Type or Print) (ALL GUESTS WILL BE CHARGED A ONE-NIGHT ROOM DEPOSIT)

Name Address City State Zip

Home Phone (\_\_\_\_) Business Phone (\_\_\_\_) E-Mail \_\_\_\_\_

Name Address City State Zip

Home Phone (\_\_\_\_) Business Phone (\_\_\_\_) E-Mail \_\_\_\_\_

### **CREDIT CARD INFORMATION FOR ROOM DEPOSIT (\$):**

Credit Card Name & Number \_\_\_\_\_ CID

# \_\_\_\_\_ EXP / \_\_\_\_\_

Card Holder Name \_\_\_\_\_

Credit Card Holder Authorized Signature: \_\_\_\_\_



# Clinical Update 2008

## Faculty

**Vivian Leon, NC Division of MH/DD/SAS, Raleigh, NC** has a degree in Social Work (BSW) from the University of NC-Greensboro. She serves as the CAP-MR/DD waiver manager for the Division of MH/DD/SAS and has 20 years of experience in the MH/DD/SAS system including two years of supervisory experience and three years in a consultative capacity in a regional position. She also has provided technical assistance and consultation to the 13 Area Mental Health Centers in the Eastern Region.

**Diana L. Dell, MD, FACOG, FAPA, Director Maternal Wellness Program, Duke University Medical Center, Durham, NC** is an Assistant Professor in both the Department of Psychiatry and Behavioral Sciences and the Department of Obstetrics and Gynecology. She holds certification from both the American Board of Obstetric and Gynecology and the American Board of Psychiatry and Neurology. For the past thirty years, Dr. Dell has centered her activities on issues related to quality health care for women. Through her activities as a physician, a nurse, and a consumer educator, she has worked publicly and privately on a broad range of issues that are important wellness issues for women. She co-authored *The Women's Complete Wellness Book* (1998), *The PMDD Phenomenon* (2002), and *Do I Want to be a Mom* (2003).

**Brenda Reiss-Brennan, MS, APRN, CS, Mental Health Integration Director, Primary Care Clinical Program, Intermountain Healthcare, Salt Lake City, UT** has been the Mental Health Integration Director for Intermountain Healthcare in Salt Lake City since 2001. In addition, she has served on the National Task Force on Primary Mental Health Integration for the Center for Mental Health Services, U.S. Department of Health in Rockville, Maryland, and the National Consulting Committee for the Office of United States Surgeon General for Integration of Mental Health and Primary Care. She has also been appointed to the Society for Education and Research in Psychiatric Mental Health Nursing (SERPN) as the President of the western region.

**Neal Adams, MD, MPH, California Institute for Mental Health, Sacramento, CA** currently serves as Director of Special Projects for the California Institute of Mental Health. Dr. Adams received his Bachelor's degree from the University of California at Santa Cruz, his MD from Northwestern University and his MPH from Harvard. He completed his psychiatry residency at Stanford where he also served two years as a Robert Wood Johnson Clinical Scholar. Dr. Adams is a Fellow of the APA, is board certified in general psychiatry and holds sub-specialty certification in addiction psychiatry. Currently he is a fellow in the California Health Care Foundation's Leadership Program.

**Anna Scheyett, MSW, LCSW, C-ASWCM, UNC School of Social Work, Chapel Hill, NC** is the Associate Dean for Academic Affairs at the UNC School of Social Work in Chapel Hill, NC where she is responsible for MSW curriculum development and implementation and PhD curriculum consultation. In addition, she is a Doctoral Candidate at the School of Social Work of Memorial University of Newfoundland, St. John's, Newfoundland, CA. She has conducted research in the areas of consumers of mental health services, evidence based practices, HIV and case management, and Psychiatric Advance Directives. She has been honored with the Most Creative and Innovative Teaching Award, from the UNC School of Social Work in 2007 and was named as the 2007 NC NASW Social Worker of the Year.

**Paul Nagy, MS, LPC, LCAS, CCS, Clinical Associate, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center, Durham, NC** received his MS in Counseling and Human Systems from Florida State University. He is a Certified Clinical Addictions Specialist and a Certified Clinical Supervisor in the Substance Abuse field, as well as a Licensed Professional Counselor. Paul is currently a Clinical Associate in the Department of Psychiatry and Behavioral Sciences at Duke University Medical Center. He has also served as a program director, administrator, and consultant to numerous addictions programs and related organizations.

**Harold Kudler, MD,** is the Coordinator, Veterans Integrated Service Network, Number 6 Mental Health Service Line, U.S. Department of Veterans Affairs. He has over 20 years experience in North Carolina as a psychiatrist in Veterans Administration and at Duke University. Dr. Kudler is a clinician and researcher in PTSD and Post Deployment Mental Health. He helped direct the development of Joint VA/Department of Defense Clinical Practice Guidelines for PTSD and Co-Chairs the VA Under Secretary for Health's Special Committee on PTSD. In addition, he is a member of the Board of Directors of the International Society for Traumatic Stress Studies.

# Clinical Update 2008

## Faculty

**Warren Taylor, MD, Vice-Chair, Institutional Review Board, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center, Durham, NC** is a Assistant Professor of Psychiatry in the Division of Geriatric Psychiatry at Duke University Medical Center in Durham, North Carolina. Active in clinical research, Dr. Taylor's research uses neuroimaging to better understand how disruption of neural connections between brain regions involved with mood regulation affect mood and response to antidepressant treatments. After receiving his Medical Degree from the University of South Florida in Tampa, Florida, he was a resident in Psychiatry and later a fellow in Geriatric Psychiatry at Duke University Medical Center. He is a member of several professional organizations, including the American Psychiatric Association and the American Association for Geriatric Psychiatry.

**Rick Monger, Ph.D., Asheville, NC**, is a licensed Health Services Provider Psychologist who serves as a Planner/Evaluator for the Buncombe County Human Services Support Team in Asheville, North Carolina. He has 28 years of experience in community mental health, encompassing direct clinical work, local and state level administration, managed care and Medicaid, program development (including systems of care and integrated care), implementation of performance management systems, academic involvement, training, writing and evaluation.

**Robin Hurley, MD, FANPA, Chief of Staff, Salisbury VAMC, VISN VI, MIRECC Co-Director, Education, Associate Professor, Depts. of Psychiatry and Radiology, WFUSM, BCM** received her Doctorate of Medicine from the Medical University of South Carolina in 1990. She completed her psychiatry residency with a focus tract on neuropsychiatry and neuroimaging research at Baylor College of Medicine, Houston, Texas. Dr. Hurley is currently the Chief of Staff as well as the Associate Chief of Staff for Mental Health and Behavioral Sciences, Salisbury VAMC. She is a Fellow of the American Neuropsychiatric Association and member of their national education committee. Dr. Hurley has maintained a VAMC psychiatric traumatic brain injury teaching service for over 10 years. She is also a co-author of and Co-Director for Education of the VAMC VISN 6 Mental Illness Research Education and Clinical Center (MIRECC) with a focus on post-deployment mental health.

**Kirk Williams** received his Masters in Special Education with a concentration in supported employment and school to work transition from the University of North Carolina at Charlotte in 1997. He is a trainer with the North Carolina Evidence Based Practices Center where he conducts trainings, consultation services, and technical assistance on supported employment throughout the state of North Carolina. He is also the sole proprietor of Supported Employment Solutions in New Bern, North Carolina.

**Jill Keel, Ph.D., Autism Society of North Carolina, Raleigh, NC** has worked with the Autism Society for over 20 years. She has worked with adults with autism to facilitate work opportunities and other community involvement. Dr. Keel currently serves as Executive Director. She received her Ph.D. from the University of North Carolina-Chapel Hill. She has served on numerous committees in North Carolina including the NC Interagency Coordinating Council, the NC Developmental Disabilities Consortium, and the Early Intervention Task Force on Autism. Dr. Keel has also presented at several statewide and national conferences and seminars on autism.

**Vickie Shea, Ph.D. University of North Carolina, Chapel Hill, NC** received her Ph.D. in Clinical Psychology from the University of North Carolina in Chapel Hill in 1977. She is currently in Private Practice in Chapel Hill and also serves as a Clinical Fellow, Division TEACCH for the Department of Psychiatry at the University of North Carolina. She has over 25 years of professional experience working with autism spectrum disorders and other developmental disabilities and is the co-author of *Understanding Asperger Syndrome and High Functioning Autism* (2001)

**Eric Elbogen, Ph.D. University of North Carolina School of Medicine, Chapel Hill, NC**, is Assistant Professor in the Department of Psychiatry at the University of North Carolina-Chapel Hill School of Medicine and core faculty in the UNC Forensic Psychiatry Program and Clinic. He is a clinical-forensic psychologist who conducts empirical research at the intersection of law and mental health services, specifically in the areas of violence risk assessment, mandated community treatment, and competency to make medical and financial decisions. Additionally, since completing his clinical internship at Harvard Medical School and postdoctoral fellowship at Duke University, Dr. Elbogen has provided forensic and neuropsychological assessments at John Umstead Hospital.

# Clinical Update 2008



**Jair Soares, MD, Director, Center of Excellence for Research and Treatment of Bipolar Disorder (CERT-BD), University of North Carolina, Chapel Hill, NC** graduated in 1990 from the University of Sao Paulo School of Medicine, Brazil. After psychiatric residencies at the University of Sao Paulo (1991-1993) and the Western Psychiatric Institute and Clinic, University of Pittsburgh (1993-1997), he took a brain imaging fellowship at the department of Psychiatry at Yale University School of Medicine (1997-1999). Since March, 2007, Dr. Soares has accepted a new opportunity with the UNC School of Medicine, Department of Psychiatry, where he is the Yorgan Distinguished Professor of Psychiatry and director of a newly established research center, the UNC Center of Excellence for Research and Treatment of Bipolar Disorder. Dr. Soares has extensive clinical research experience in the field of mood disorders, as well as brain imaging modalities and neurocognitive methods to investigate the pathophysiology of bipolar disorder and the mechanisms of action of pharmacological treatments. Dr. Soares has published over 120 peer-reviewed articles and book chapters in the psychiatric literature. He edited or co-edited three textbooks, *Brain Imaging Investigations on Affective Disorders*, *Bipolar Disorders - Basic Mechanisms and Therapeutic Implications*, and *Handbook of Medical Psychiatry*.

**Scott Hagwood** is the author of the international best seller *Memory Power - You Can Develop a Great Memory: America's Grand Master Shows You How* [Simon & Schuster] which is now available in six languages. He is the four time winner of the National Memory Championships and an acclaimed international speaker. He has most recently appeared on the ABC News Magazine 20/20.

**Roger Kathol, MD, CPE, President, Cartesian Solutions, Burnsville, Minnesota** is an innovative Certified Physician Executive with 30 years of experience in the integration of physical health and mental health /substance use disorders (MH/SUDs). He has expertise in the development and operation of cross-disciplinary programs and services for clinics and hospitals; health plans software vendors; case, disease, and disability management organizations; employee assistance programs; and employers/government agencies. Dr. Kathol graduated from the University of Kansas School of Medicine. He completed internship in internal medicine at Good Samaritan Hospital in Phoenix, Arizona and residencies in psychiatry and internal medicine at the University of Iowa in Iowa City, Iowa. He is currently Adjunct Professor of internal medicine and psychiatry at the University of Minnesota. He has published over 135 peer reviewed articles and 25 book chapters. He recently wrote a book with Suzanne Gatteau titled *Healing Body AND Mind: A Critical Issue for Healthcare Reform* for lay and professional audiences.

## Conference Information

### Professional Credit

#### CME Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the North Carolina Medical Society and Southern Regional AHEC. Southern Regional AHEC adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Disclosure of faculty and commercial relationships will be made known at the activity. Speakers are also expected to openly disclose a discussion of any off-label, experimental or investigational use of drugs or devices in their presentations.

#### Credit

The Southern Regional AHEC designates this educational activity for a maximum of 11.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim credit commensurate with the extent of their participation in the activity.

#### CEU

Southern Regional AHEC will award 1.1 CEUs to each person who attends 100% of this program.

#### Category A Contact Hours

Southern Regional AHEC will award 11.0 Category A contact hours for NC psychologists who attend 100% of the program. Attendance verification will be required.

#### NBCC

Southern Regional AHEC adheres to NBCC Continuing Education Guidelines, Provider #5362. (11.0 Contact Hours)

#### Nursing

11.0 contact hours, CNE, awarded to participants who attend 100% of this activity. Southern Regional AHEC is approved as a provider of continuing nursing education by North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

#### Substance Abuse

Application has been made to the North Carolina Substance Abuse Professional Practices Board for up to 11.0 hours of Combined Substance Abuse credit.

### Location

The Pinehurst Resort, 1 Carolina Vista Drive, Village of Pinehurst, North Carolina, 28374.

For directions from multiple locations, go to:

[http://www.pinehurst.com/resort\\_transportation.asp](http://www.pinehurst.com/resort_transportation.asp)

### ADA

No individual with a disability is excluded, segregated or otherwise treated differently from any other individual. If you need any of the auxiliary aids or services identified by the Americans With Disabilities Act of 1990 in order to attend this program, please call (910) 678-7226.

### Registration

This outstanding continuing education opportunity offers two days of nationally and regionally known faculty and includes handouts, lunches, breaks and socials for a modest fee of \$149.00. Please complete the attached registration form, noting which breakout sessions you wish to attend. Please make checks payable to "Southern Regional AHEC" and send with payment to:

**Southern Regional AHEC  
Registrar  
1601 Owen Drive  
Fayetteville, NC 28304**

The deadline for early registrations is January 28, 2008. After January 28, 2008, the registration fee is \$159.00. Please don't wait, register early! This conference has sold out in the past. No refunds for cancellations will be made after February 5, 2008. You may also register online by visiting our Web site at:

<https://www.southernregionalahec.org/registration/clinicalupdate.asp>

Full-time students receive 50% discount, valid student i.d. required at registration.

### Questions

For information regarding workshop registration, please call (910) 678-7226. For questions regarding educational content or professional credit, please contact John Bigger, MS, LPC, Administrator of Mental Health Continuing Education at Southern Regional AHEC at (910) 678-7207.

To be added to our mailing list please visit:

[https://www.southernregionalahec.org/professionals/mailling\\_list2.asp](https://www.southernregionalahec.org/professionals/mailling_list2.asp)

### Our Promise To You

Southern Regional AHEC strives to offer the highest quality educational programming. If, for any reason, this program does not meet your needs, please let us know. We value your feedback and will resolve the issue to your satisfaction.



# Clinical Update 2008 Registration Form

## Day 1 - February 11, 2008

### 11:00 a.m. - 12:15 p.m.

Breakout sessions that I will attend:

- ☐ A. Understanding the CAP-MR/DD Waiver: An Overview
- ☐ B. Mood and Anxiety Disorders in Pregnancy and Lactation (Part I)
- ☐ C. Working Together - Treating ADHD Collaboratively
- ☐ D. Person Centered Planning for Mental Health

### 1:30 - 3:00 p.m.

Breakout sessions that I will attend:

- ☐ A. What are the Needs of the Mentally Ill in NC Jails
- ☐ B. Mood and Anxiety Disorders in Pregnancy and Lactation (Part II)
- ☐ C. Motivational Interviewing with Adolescents (Part I)
- ☐ D. Changing Practice, Changing Systems

### 3:30 - 5:00 p.m.

Breakout sessions that I will attend:

- ☐ A. Addressing the Needs of Returning Veterans
- ☐ B. Forgetfulness and Sadness: Mental Health Issues in Older Individuals
- ☐ C. Motivational Interviewing with Adolescents (Part II)
- ☐ D. Behavioral Health Therapy in Integrated Care Settings

## Day 2 - February 12, 2008

### 9:00 - 10:30 a.m.

Breakout sessions that I will attend:

- ☐ A. Assessing the Needs of Persons with Traumatic Brain Injury (Part I)
- ☐ B. Law Enforcement and Responses to Persons with Autism
- ☐ C. Supported Employment
- ☐ D. UNC Bipolar Center: Structure, Plans, Early Findings

### 11:00 a.m. - 12:15 p.m.

Breakout sessions that I will attend:

- ☐ A. Assessing the Needs of Persons with Traumatic Brain Injury (Part II)
- ☐ B. Behavioral Management of Autism Spectrum Disorders
- ☐ C. Evidence Based Approaches to Assessing Violence Risk (Part I)
- ☐ D. New Approaches to Intensive Outpatient Treatment for Substance Abuse (Part I)

### 1:30 p.m. - 3:00 p.m.

Breakout sessions that I will attend:

- ☐ A. Models of Integration of Primary Care with Behavioral Health
- ☐ B. Improving Your Memory to Enhance Your Practice
- ☐ C. Evidence Based Approaches to Assessing Violence Risk (Part II)
- ☐ D. New Approaches to Intensive Outpatient Treatment for Substance Abuse (Part II)

You can register on our secure Web site:

<https://www.southernregionalahec.org/registration/clinicalupdate.asp> or you can forward a copy of this page to SR-AHEC, Attn: Registrar, 1601 Owen Drive, Fayetteville, NC 28304. If paying by credit card, you may fax your registration to (910) 323-0674. Be sure to include your signature or agency authorization that payment is forthcoming. We need the last four digits of your social security number to register you for any program. Please print or type. This form may be duplicated.

Circle one:

Dr. Mr. Mrs. Ms.

**CASCE: #21964**

Name \_\_\_\_\_

Last 4 digits of SSN \_\_\_\_\_

Degree \_\_\_\_\_

Employer \_\_\_\_\_

Specialty Area \_\_\_\_\_

Home County \_\_\_\_\_

Home Phone \_\_\_\_\_

Home Street Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

Work County \_\_\_\_\_ Work Phone \_\_\_\_\_

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